

Libby Birch

Accomplished AFLW player, Media Commentator and Speaker

Libby Birch is an accomplished AFLW player, a promising media talent, and a qualified physiotherapist. Libby earned her reputation as one of the AFLW's premier players the hard way - through determination and absolute dedication to her craft. Libby is a talented athlete, hardworking and personable.



Growing up a gifted netballer, both captaining Victoria and participating in multiple Australian squads, Libby had never even considered playing football, but at 18, on the eve of the AFLW's inception, she was awarded a chance opportunity by now good friend Daisy Pearce and never looked back. Libby, having never kicked a football or played the game, has had a remarkable rise to the top of Australian Rules Football, being named in multiple All-Australian teams, playing a pivotal role in a premiership team and being the first Victorian Player to reach 50 games in AFLW history. Libby played her first three seasons with the Western Bulldogs, but now calls the Melbourne Football Club home.

Libby personifies what it means to be a team player on and off the field. She is a natural leader who is extremely driven and highly competitive. She is relatable and energetic, generous with her time and never wavers from her values and beliefs.

Away from playing, Libby is a qualified physiotherapist, working in disability and hospital wards. She is also an emerging media talent in the football world and has had roles including co-hosting, expert commentary, football analysis and print columnist. Libby is passionate about getting young girls and women involved in sport to have fun, improve their health and wellbeing, and develop life skills.

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