

## **Ariarne Titmus**

## Olympic Australian Swimmer, World Record Holder

Ariarne Titmus has become the star of Australian swimming, due to her dual gold medal winning efforts in the 200m & 400m freestyle events at the Tokyo 2020 Olympics, defeating five-time Olympic champion and all-time great Katie Ledecky. The 400m freestyle battle



between Titmus and Ledecky in Tokyo has been reported as one of the greatest Olympic races & rivalries of all time.

Outside of the pool Ariarne is ambitious yet humble, passionate yet measured. She is an articulate and insightful speaker & relishes in her responsibility as a role model to future generations.

## **More about Ariarne Titmus:**

Tasmanian born, Ariarne Titmus has quickly become the star in the Australian sporting scene. The recently crowned dual Olympic Champion stunningly handed the five-time Olympic Champion, Katie Ledecky her first Olympic defeat in both the 200m and 400m freestyle.

In the lead up to Tokyo, the battle between Titmus and Ledecky had been billed as one the greatest race the sport has ever seen. Ariarne's gold medal winning efforts garnered worldwide media attention and has set the scene for the Titmus-Ledecky rivalry to be revisited for years to come.

Ariarne has amassed several accolades and achievements throughout her international career. Her breakout 2018 season included multiple national titles, three Commonwealth Games gold meals and two silver medals at the Pan Pacific Championships.

Ariarne is the Commonwealth record holder in the women's 200m and 400m freestyle. She also holds Australia records for the middle distance treble - the 200m, 400m and 800m freestyle. She is only the second woman in history to swim sub 4 minutes in a regulation textile suit. Ariarne also holds the World Record for the 400m Short Course Freestyle. Known for her confident racing ability, tenacity and down-to-earth personality, she isn't shy of a challenge and has become an aspirational figure. Her influence extends beyond the pool as the boasts the highest engagement figures out of any Australian Swimmer.

Ariarne juggles between training and studying for a Bachelor of Sport and Exercise Science degree. She is a keen foodie and is passionate about the health and fitness. She is looking to capitalize on her successful 2021 Olympic campaign and continue her rise in the sport as a global superstar.



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