

Matthew Johns

MC, Host & Former Rugby League Star

Matthew Johns is a former professional rugby league player whose career spanned over a decade at the elite level. He represented the Newcastle Knights, New South Wales in State of Origin, and Australia, earning a reputation as a skillful, intelligent, and passionate halfback. A premiership winner with the Knights, Matthew was admired not just for his athletic ability but also for his leadership and strategic understanding of the game.



Following his retirement from professional sport, Matthew successfully transitioned into media and broadcasting. He has become a prominent television presenter, commentator, and analyst, bringing humor, insight, and authenticity to everything he does.

As a speaker, Matthew draws on his experiences both on and off the field to inspire audiences on topics such as leadership, teamwork, resilience, and personal growth. His storytelling blends humor, honesty, and real-life lessons, leaving audiences motivated, engaged, and ready to tackle challenges with confidence.

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