

Dr Tanveer Ahmed

Psychiatrist, Columnist, Keynote Speaker & MC/Host

Dr Tanveer Ahmed is a psychiatrist who treats people with fascinating and diverse mental health issues. His patients range from teenagers to adults, people under criminal charges, and those requiring assessments for fitness for workplaces. Dr Ahmed is also a published author and columnist. He contributes regularly to the *Australian Financial Review* with articles that explore the overlaps of mental health with business, the workplace and wider society.

In demand as a speaker by commercial and government organisations, Dr Ahmed draws on his unique professional and life experience to both entertain and educate speaks on topics that include leadership, workplace mental health, and social issues. Perhaps surprisingly, he is also an entertaining after dinner speaker who is guaranteed to grab – and maintain – attention. Dr Ahmed’s combination of journalistic and entertainment skills also make him an excellent master of ceremonies.



More about Dr Tanveer Ahmed:

Dr Ahmed has appeared on a range of media varying from *60 Minutes*, *Channel 7 Sunrise* and ABC’s Q & A program. He has presented international news stories and co-hosted a prime time gameshow. He is the author of two books, including a migration memoir *The Exotic Rissole* and another about the growth of mental health problems, titled *Fragile Nation*.

Dr Ahmed has sat on multiple Boards including the Advertising Standards Board, Australian Multicultural Council and the Australian Medical Association. He was chosen by a Prime Minister’s Committee as one of a hundred future leaders of Australia.

Dr Tanveer Ahmed speaks about:

Mental Health/Social Issues – Tanveer is trained as a psychiatrist, but his broader mix of activities allows him to speak of the wider significance of mental health and the social issues that overlap with it. His experience as a journalist and columnist make him one of the more incisive social commentators in the country.

Leadership – An expert in changing human behaviour and the inner conflicts and habits that



hamper effective change, he applies his knowledge of individuals to the organizational and group sphere in a broad range of industries. He is an expert in the notion of adaptive leadership, a key skill in today's complex environment. His broad knowledge base and experience give him unique insights into the problems facing today's leaders.

Motivational – Tanveer's inspiring journey from a child of a Bangladeshi immigrant to become one of the more influential young men in the country is a great choice for an uplifting, motivational talk. His mix of career activities is unique. He is able to tailor his speech closely to the needs of your organisation.

Facilitation/MC – Tanveer's experience in television journalism, comedy and co-hosting a game show make him an excellent facilitator or master of ceremonies in any field.

Client testimonials

“ I thought his presentation and MC role at the ALA(Australian Leadership Alumni) Conference was outstanding. He clearly understood the audience and issues. I think he connected with the ALAs and was able to respond to their questions and queries with aplomb. He was confident, skilful and responsive on some very challenging issues. I will be remaining in contact with him and looking for ways to engage him in my leadership work.

- **AusAID**

“ Tanveer gave us a fascinating talk relating his experience in mental health and human behaviour to the challenges of leadership in the modern workplace. I would recommend him highly.

- **Perpetual Investments**

“ In Tudor times, I would have been happy to call Tanveer Ahmed 'a most excellent Fool' – and in saying so, I would have been offering him a supreme compliment. Tanveer is a talented speaker with the rare ability to combine deep, intelligent analysis with sparkling good humour.

- **St James Ethics Centre**

“ Now that we know you and how great you were yesterday, please be warned that you will be summoned all the time and I do really mean all the time. You are on the top of our list!!!!... I had received so many good comments about the panel discussion.

- **National Breast Cancer Foundation**



“ An engaging and entertaining talk by a dynamic individual. Tanveer was able to draw on his broad experience and relate it to our event, which had a varied audience of all ages and backgrounds. Smith Family Tanveer was both informative and entertaining, and kept the audience engaged throughout the entire presentation, which, from past experience is not easy to do. Based on the positive feedback that we received from all who attended, I would not hesitate in engaging the services of Tanveer Ahmed to present at another meeting in the near future.

- Pfizer Australia

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- Smith Family

“ Tanveer was a great anchor to the event..he facilitated the student panel with compassion and support for the students.

- Amarna

“ Tanveer’s presentation was thought invoking and kept the audience informative and entertained. It was also great to hear from a personal level, his diverse experiences in human behaviour and challenges that employers face in this current employment climate.

- Department of Education Science & Training

“ Fantastic insightful speaker who engaged with the audience and spoke on a topic that would usually present a difficult but necessary conversation.

- Roads & Maritime Services NSW

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