

# Josie Thomson

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## ***Award Winning Coach, Workshop Facilitator & Keynote Speaker***

Neuroleadership expert and internationally acclaimed executive coach, Josie Thomson knows a thing or two about resilience. As a two-time cancer survivor, she is living proof that: more than education, more than experience, more than training, more than any one single factor, RESILIENCE determines who succeeds and who fails.



Her 28-year journey from being an executive in one of the world's largest mining companies, to twice surviving cancer, to juggling the priorities of being a single mum as well as a multi-award winning coach and entrepreneur has given her a unique perspective on what it takes to succeed in life and leadership. And this has brought about her mission in life: to create resilient leaders and communities.

A true storyteller with a passion for enhancing human potential, she shares her personal stories authentically from the heart, weaving them with her deep understanding of the brain to provide those true 'aha!' moments that motivate and inspire.

Her presentation style has been described as a rare mix of engaging, interactive, informative and insightful. And her audiences appreciate that she makes the content real, providing them with practical strategies that can be confidently applied immediately.

As a sought after speaker, Josie has shared the stage with top motivational speakers on the global circuit, speaking at many of the world's leading conferences, including: STADA, Mind & Its Potential, ICF Global, ICF Australasia, AITD, CPA Congress and many more.

On a more personal note, Josie is an Ambassador for Childhood Cancer Support, a not-for-profit group that supports families of kids receiving treatment for cancer. Josie is also Ambassador for Veterans 4 Youth, a program that provides courses run by retired veterans to help teenagers get a head start in life, develop self-discipline, self-confidence, self-motivation and respect. She lives in Brisbane with her two beautiful children, Kristen and Harrison.

### ***Josie Thomson talks about:***

- Possibility Mindset
- Navigating Change Successfully

- Handling Cancer in the Workplace and in Life
- Building Resilience Capability
- Coaching for Excellence
- The Neuroscience of Leadership
- The Neuroscience of Maximising Engagement, Retention & Collaboration
- Brain Insights For Effective Change Management
- Mindfulness, The Brain & Business
- Enlivened Teams, Resilient Workplaces
- The Neuroscience of Making Learning Stick
- Think Better. Live Better

All can be tailored for delivery as keynotes, workshops (from 1-3 hours), and/or half and full day programs.

## Client testimonials

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“ What a fantastic presentation which was fascinating and so captivating! In my game as an academic, I hear many hundreds of presentations per year, but 99% of them I tend to 'switch off' after about 3 minutes; however, I believe that your talk will be one of those that sticks in my mind for years to come. I'd like to thank you so very much!

- *Dr Marisha McAuliffe*

“ My fellow Councillors agreed with me that your presentation was by far the best we have had for style, presentation and substance; just enough theory for the academics and loaded with practical solutions. They want you back.

- *AOQ-QLD*

“ It is very easy to recommend Josie as she has consistently sold out events both in Brisbane and regionally. Her understanding and mastery of the subject matter, as well as the popular nature of neuroscience makes her a great choice as speaker. We also receive consistently high numbers on our event evaluations.

- *Australian Institute of Management - Qld & NT*

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