

Sue Langley

Master Trainer of Neuroscience & Emotional Intelligence

Sue Langley is the CEO and Founder of the Langley Group, a consulting firm specialising in the transformation of organisations and their people through the science of human flourishing. Sue's experience shows that the theoretical understanding and practical application of neuroscience, emotional intelligence and positive psychology research, will



inspire leaders and teams to build open cultures embracing trust, mutual respect and a shared understanding of optimal performance.

Sue's infectious energy and her dynamic approach sees her sought after by top global organisations to help build positive workplace cultures, emotionally intelligent leaders and high performing teams. Increasing engagement, improving leadership and developing an agile approach to change are just some of the business outcomes organisations experience when leaders work with Sue.

Her success with global businesses has fast seen other organisations follow their lead, and Langley Group's bespoke programmes are delivered world-wide, at all levels of seniority. Sue believes that leadership starts with people - with strong relationships and trust, dialogue, innovation and motivation. Her ability to share knowledge and facilitate learning lead people to a place where they will be their best - for both themselves and their teams.

Sue is a Master Trainer for the Mayer-Salovey-Caruso EI Test (MSCEIT) and the Strengths Profile and holds (among many qualifications) a Master's Degree in the Neuroscience of Leadership from Middlesex University.

Sue works globally and in addition to her inspirational work with leaders, she can be found doing what she loves for herself and spending time on the beach in the pre-dawn hours.

Sue Langley talks about:

- **Emotional intelligence at work:** The science, practice and business impact of emotional intelligence
- The neuroscience of leadership: How to lead with the brain in mind
- The neuroscience of creativity: Creating a thriving culture that boosts innovation, collaboration and learning
- The neuroscience of change: Minimising negative impact and maximising engagement



during change

- Positive psychology at work: The science, practice and business impact of optimal performance and wellbeing
- Positive leadership: A positive framework for developing extraordinary leaders
- Creating a positive workplace culture: Positive practices to increase wellbeing, engagement and performance
- Nudge practices: Small things that count toward happiness and wellbeing
- Everyone's got talent: Strengths-based approaches to talent and performance
- Creating brain-friendly habits: How to optimise your brain to increase your happiness
- **Positive psychology and Prada:** Why money can buy happiness. And how you spend it matters.
- **Realising your strengths:** How to harness your potential to become happy, engaged and fulfilled in work and life.

Client testimonials

"Oracle Corporation has been working with the Langley Group for the last couple of years throughout Australia and New Zealand. Working with them has really helped us increase the leadership capability within our organisation, which is key to our ongoing success. What sets them apart from others in this space is their passion and knowledge of the subject, and the genuine nature of the relationships they form.

- Oracle

Working with the Langley Group has had a major impact on our organisation. They have helped us transform our culture. It's made communication flow a lot better and relationships become stronger. The changes have had direct results on our bottom line. Optimism is now a fundamental part of our culture. We are committed to the continual development of optimistic behaviours in our staff, volunteers and clients.

- Camp Quality

The Langley Group has had a massive impact on the people they trained. The communication they have with their colleagues and managers has certainly improved. It's been a direct result of their better understanding about themselves and how others act and behave.

- Zoetis

What sets the Langley Group apart from other experts in emotional intelligence is their indepth knowledge. They have a broader, deeper understanding of how to develop these new behaviours. They really tailored the program to financial advice and our business.



- Perpetual

- Sue Langley facilitated a team planning day and her approach was so different from the usual strategic business planning that the impact has been really profound.
- Public Relations Institute of Australia
- We have seen a new positivity and a new way of thinking from our people, which has been delightfully surprising.
- Nuance Group
- I am very excited by the prospect of applying a new type of thinking that I believe will benefit my colleagues, teams and customers as well as my family and friends. I had a lot of light bulbs go off and the brightest for me was realising lost opportunities how little I use my EI skills and abilities on a day-to-day basis. I can now imagine the potential for generating positive outcomes through the thoughtful and strategic use of emotional intelligence.
- Westpac
- I got more out of the half hour I managed to see of your session than the daylong workshop with another speaker yesterday. You have a more hands on and practical approach to the issues I want training on, including how the brain works and how to best deal with 'difficult' clients. I only wish I had heard more!
- Q Invest
- Brilliant ideas to take back, positive energy. Excellent presentation, very interactive. Grabs audience attention, very informative. Strong presence, relevant message. Exciting... I could have spent a whole day listening to Sue Langley!
- Mind & Its Potential

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