

## Dr Brad McKay

### *GP, Media Commentator & Keynote Speaker*

Dr Brad McKay is a Sydney based General Practitioner with a fascinating background. He commenced studies in medicine at the age of 16 and qualified as a doctor by the time he was 21. Since then he has worked with Australian indigenous communities and overseas, and he has built his practice in family medicine in Sydney. Brad has established a strong media presence and become a popular keynote speaker.



### *More about Dr Brad McKay:*

Dr Brad McKay completed his studies at Monash University before moving to Sydney where he joined the team at East Sydney Doctors.

In 2013 he became a medical expert and host of the Logie-nominated television programme *Embarrassing Bodies Down Under* - the Australian version of the original British TV series *Embarrassing Bodies*. *Embarrassing Bodies* is dedicated to decreasing the stigma attached to embarrassing health problems and increasing awareness of traditionally 'taboo' topics. Comfortable in front of the camera, Brad regularly presents on Channel 9 for *Today Extra*. Keen to dispel health myths and advice put out by "charlatans" with "minimal scientific knowledge", he is often heard on radio.

Brad has worked with Aboriginal communities on the Central Coast of New South Wales and also at Naas General Hospital in County Kildare, Ireland, as an Emergency Medicine Registrar. He is passionate about all aspects of medicine especially sexual health, men's health, mental health, paediatrics and women's health. Brad also sees many transgender patients.

In his spare time Brad enjoys improvisational theatre, public speaking, podcasting, writing health-related articles, blogging, running, cycling and he tests out his artistic and creative talents wherever possible.

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