

## **Bec Wilson**

## Retirement Expert

Bec Wilson is one of Australia's most respected authorities on modern retirement and an expert on modern ageing and midlife. She's the bestselling author of How to Have an Epic Retirement, the #1 bestselling retirement book in 2023 and the #2 bestselling self-help book by an Australian author in 2024.



Bec hosts the weekly podcast, Prime Time, the ultimate guide to navigating the juicy, potential-filled years leading up to and beyond retirement. She also runs the enormously popular 6-week How to Have an Epic Retirement flagship course. A frequent speaker at events, Bec provides retirement education for companies and super funds and regularly appears on ABC and Nine radio, boosting retirement confidence across Australia.

She writes a widely-read weekly syndicated finance column for The Age, The Sydney Morning Herald, and other Nine newspapers, and publishes a weekly newsletter at www.epicretirement.net, connecting with a community of over 65,000 pre-retirees and retirees. Bec also manages the vibrant Facebook group, The Epic Retirement Club with a rapidly growing global community of more than 280,000 people.

On a personal note, Bec is a mother of three teen and adult children (plus two noisy and cuddly Shih Tzu Poodles!), loves to travel, and is in her own Prime Time, dreaming of her epic retirement—one day! To get in touch just visit www.epicretirement.com.au.

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