

Bec Wilson

Retirement Expert

Bec Wilson is one of Australia's most respected authorities on modern retirement and an expert on modern ageing and midlife. She's the bestselling author of *How to Have an Epic Retirement*, the #1 bestselling retirement book in 2023 and the #2 bestselling self-help book by an Australian author in 2024.



Bec hosts the weekly podcast, *Prime Time*, the ultimate guide to navigating the juicy, potential-filled years leading up to and beyond retirement. She also runs the enormously popular 6-week *How to Have an Epic Retirement* flagship course. A frequent speaker at events, Bec provides retirement education for companies and super funds and regularly appears on ABC and Nine radio, boosting retirement confidence across Australia.

She writes a widely-read weekly syndicated finance column for *The Age*, *The Sydney Morning Herald*, and other Nine newspapers, and publishes a weekly newsletter at www.epicretirement.net, connecting with a community of over 65,000 pre-retirees and retirees. Bec also manages the vibrant Facebook group, *The Epic Retirement Club* with a rapidly growing global community of more than 280,000 people.

On a personal note, Bec is a mother of three teen and adult children (plus two noisy and cuddly Shih Tzu Poodles!), loves to travel, and is in her own *Prime Time*, dreaming of her epic retirement—one day! To get in touch just visit www.epicretirement.com.au.

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