celebrity speakers Presents...

Lyndey Milan OAM

Globally Awarded Communicator on Food, Wine and Lifestyle

Lyndey Milan is a globally recognised food, wine and lifestyle personality whose forte is presenting seemingly complicated ideas in an easy, straight-forward and entertaining manner. Awarded Best in the World Food TV Show at the Gourmand World Awards 2016, she has been instrumental in changing the way we think and feel about food and wine.

A successful business woman, Lyndey and her partner John Caldon are the co-founders of Flame Media, an international TV production and distribution house specialising in high quality factual entertainment and documentary content; and Flame Studio Kitchen, a purpose-built television studio/post-production facility.

Lyndey is a highly engaging, highly skilled and energetic presenter, host and MC who is always in demand for any event involving food and wine and for any audience, whether a gathering of 'home cooks' or wine aficionados.

More about Lyndey Milan

A familiar face on television and in print, Lyndey was an award-winning radio presenter, and Food Director for The Australian Women's Weekly from 1999-2008. She also spent 12 months as Associate Food Director and major contributor to BBC Australian Good Food magazine. Lindey co-hosted *Fresh* (Nine Network) from 2000-2008, during which time she hosted visiting chefs, among them Jamie Oliver, Rick Stein and Gordon Ramsay. She was a weekly guest on *Mornings with Kerri-Anne* (Nine Network) from 2005 – 2011 and remains a popular regular guest on the Nine Network's *Morning Show*.

Lyndey's numerous TV and culinary appearances extend beyond Australia and include UK's *Saturday Kitchen*; *NBC Today Show* during the Sydney Olympics; with Anthony Bourdain when he was filming in Australia; and Rick Stein's *Seafood Odyssey*.

Since 2011, she has hosted her own television series including *Lyndey Milan's Taste of Australia, Lyndey Milan's Taste of Ireland, Lyndey's Cracking Christmas, Lyndey & Herbie's Moveable Feast* (co-hosted with spice king Ian 'Herbie' Hemphill); *Lyndey & Blair's Taste of Greece* with her late actor son and co-host Blair; and *Inside Lindey's Kitchen*. All have been seen by international

audiences.

Lyndey has authored several best-selling cookbooks, among them *Lyndey Milan's Taste of Australia*, which was awarded Best TV Chef Cookbook in the World (in English) and Best Culinary Travel book in Australia in The Gourmand World Cookbook Awards 2014 (Hardie Grant 2014). At the Frankfurt Book Fair, it was awarded Best of the Best in the last 20 years and third place overall.

She has been a key contributor to Selector magazine, a quarterly publication for food and wine enthusiasts, since 2010. Lyndey is the food editor of www.thecarousel.com.

Lyndey runs a successful consultancy business that offers cooking classes and demonstrations, food and wine appreciation classes and advising food and wine clients. In 2016, she launched Lyndey Milan Baking, an innovative and affordable baking range.

Lyndey's several appointments have included vice president of the Royal Agricultural Society and immediate Past Chair of the Sydney Royal Wine Show and Chair of Sydney Royal Fine Food Show (RAS); patron & co-founder of Tasting Success, a female chef mentoring programme and a member of Tourism Australia's Food and Wine Advisory Committee. Lyndey is a Founding Board Member of Women in Hospitality – womeninhospitality.org.

Lyndey's many awards include the Order of Australia – OAM (2014) for service to hospitality, the food and wine industry and the community and The Vittoria Legend Award (2012) at the Sydney Morning Herald's Good Food Guide Awards. Lyndey was a finalist in the Telstra Business Women's Awards NSW (2011).

Lyndey is much in demand for personal appearances as various food and wine shows, masterclasses and as a facilitator, debater, food judge and MC.

Client testimonials

> " Griffith loves Lyndey! La Festa was very proud to have Lyndey join us at Easter for the 13th annual event. She really utilised our local produce in an exciting showcase of her knowledge and skills (plus all Griffith has to offer)! We'd welcome Lyndey back anytime! #welovelafesta

- La Festa

VIEW SPEAKER'S BIO ONLINE