

Jean Kittson AM

Author, Public Speaker, Actor and Comedian

Jean Kittson AM is an author, public speaker, actor and comedian.

Jean came to national attention on ABC TV's, 'The Big Gig', followed by Let the Blood Run Free, Kittson Fahey, Good News Week, the Glasshouse, Flat Chat, The Einstein Factor, and many more. She is also known for her comedy debates for the ABC, Channel 9 and Channel ten.



Jean recently appeared with Denise Scott and Matt Okine on Mother and Son and has appeared alongside Krew Boylan, Rose Byrne and Celeste Barber in the Recent Australian film Seriously Red.

She has twice been a guest on Andy Lee's The One Hundred and been a participant on Celebrity Apprentice.

Jean is a regular panellist on ABC 702 radio drive program, Thank God It's Friday and a weekly panellist on Today Extra, Nine Network.

She has conversed twice with Richard Fidler on Conversations, presented twice for Women of Letters events and was invited to speak about menopause at the National Press Club.

She has been a regular columnist with New Weekly, Sunday Telegraph, the Sydney Morning Herald - Sydney Magazine, Inspire Magazine, the Readers Digest Health Smart Magazine and the on-line magazine, The Hoopla.

Jean is the author of three books, 'Tongue Lashing' and the best seller, 'You're still hot to me, the joys of menopause'. Her latest book, also a best seller, 'We need to talk about mum and dad' was published by Pan Macmillan.

She was a founding Director of the National Cord Blood Bank, the inaugural chair of the Australian Gynaecological Cancer Foundation (AGCF) and a founding Ambassador for Ovarian Cancer Australia.

She currently the Patron of Palliative Care Nurses Australia, and an Ambassador for the Macular Disease Foundation, the Australian Gynaecological Foundation, the Raise Foundation and Taldumande Youth Services.

In 2023 she was appointed a Member of the Order of Australia (AM).

Jean Kittson speaks about:

Jean presents on diverse topics that range from finance, free trade and the global economy, to leadership, innovation, construction, transport, cars, agriculture, wining, dining, mining, science, technology, communications, tourism, HR, police, defence, health, medical research, education, mentoring, training, equal opportunity, diversity, inclusion, social responsibility, women and work and motherhood and menopause, and aged care.

She draws on her life experience to provide a connection between city and regional, rural and remote Australia and regularly works outside the city limits including Tennant Creek, Mt Newman, Emerald, Groote Eylandt to Charters Towers, Gulargambone, Mt Isa.

Jean addresses issues including how to attract more women to industries, sustaining women in leadership roles, the gender pay gap, motherhood and work, the role of mentoring and training and education and in particular, women's health. She has opened the conversation and encouraged the conversation about the role of women in rail and mining, and construction and finance and science.

Client testimonials

“ Her monologues were well researched and relevant and extremely funny. Many people have commented that she was hilarious. Her professionalism and control of the night was extremely appreciated.

- ***National Association of Women in Construction***

“ Outstanding contribution. The emphasis was on wit and entertainment - something she achieved in abundance. It was a pleasure working with such a professional.

- ***Sydney Convention & Visitors Bureau***

“ Simply magnificent. A pivotal role in ensuring the success of the event.

- ***Foreign Exchange Association***

“ Jean was fantastic. Feedback about her performance was very positive by all guests who attended our function. Jean was a true professional and made our event the success that we were aiming for.

- ***Woodside Energy Limited***

“ The audience received Jean Kittson Very Well. I got many compliments on how great she was and many people had an opportunity to say hello to her. She is funny and friendly. Jean Rocks.

- *Manly Warringah Pittwater Community Aid Services Inc*

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