

Pauline Nguyen

Award Winning Author, Spiritual Entrepreneur & International Speaker



Pauline Nguyen's story is that of survival first. Escaping war-torn Vietnam as a toddler, Pauline eventually made it to Australian shores after a year in a Thai refugee camp. Having jumped from the frying pan, Pauline was thrust into the fire – going on to suffer tremendous physical and emotional abuse until she was a young woman.

It's this staggering adversity Pauline now refers to as her training – rising from the ashes of her trauma to become one of Australia's most sought after development coaches, a leading entrepreneur, an award-winning author and an international key note speaker.

Described by Huffington Post as, "The most grounded spiritual entrepreneur on the planet", recognised as an original 'Rare Bird' – Australia's top 50 Influential Female Entrepreneurs and included in Blackwell and Hobday's global recognition of '200 Women Who Will Change the Way You See the World', Pauline is nothing short of extraordinary. Unable to be pigeon holed, the mother of two speaks and teaches from direct experience with a unique process to self-mastery, which has helped heal and uplevel thousands of her followers. Known for combining science with spirituality, the award-winning author also co-founded the world's most awarded Vietnamese restaurant, Red Lantern.

Pauline is an acclaimed speaker. This spiritual teacher has inspired thousands with her glittering stagecraft and electrifying presence. Pauline continues to travel extensively and make a massive impact on the world stage.

Using a range of modern modalities, combined with her energetic gifts and Eastern mysticism, Pauline's skill as a group facilitator and one on one mentor - both live and online - marks her as one of the country's most sought after business and personal development coaches. The entrepreneur combines Cognitive Behaviour Therapy, modern day Shamanism, Meta Neuro Linguistic Programming, breath mastery, meditation and movement intelligence to hack her client's biochemistry and promote healing in unprecedented ways.

Pauline doesn't do motivation; she does electrifying inspiration and [accelerated transformation](#). Her ability to connect to each audience member is palpable, with a unique deliverance and powerfully crafted stage presence that is second to none.

Each of Pauline's keynotes are rich in anecdote and sapience, seamlessly weaving practical steps to self-mastery with compelling insights into her extraordinary journey to the top. Success in business starts with the next breath you take; master yourself, and the professional world or infinite opportunities awaits. When Pauline speaks, people listen.

As an inspirational keynote speaker, she is able to tailor her keynotes to a board of five or a stadium of 4000, whether live or virtually. In this new state of being, Pauline understands more than anyone that aptitude, adaptability, nimbleness, and flexibility is key, most poignantly in the space where the personal and the professional collide.

Client testimonials

“ Long after Pauline Nguyen leaves the room, her existence will baffle you, while her insights will agitate you. If you are not careful, her purpose will mystify you. Her focus will distract you. Her energy will overwhelm you. Her history will exhaust you. And, her journey will scare you....From a relentless furnace, Pauline has emerged a formidable human and a redoubtable woman whose mind, body, and spirit are so well fused, that she epitomises triumph-through-adversity, and she personifies grace-through-suffering. Therefore, if you are blessed to be drawn into Pauline's orbit, hover there a while, because you will be recharged, amazed, delighted, and enthralled.

- Jonar Nader, Educator, Consultant, and Author of 'How to Lose Friends & Infuriate People'.

“ Pauline is a mighty force of nature. A highly successful entrepreneur with a powerful message

the world greatly needs to hear. Her leadership and wisdom is truly inspiring

- Siimon Reynolds

“ Pauline’s amazing achievements mean she is well equipped to deliver inspiration and practical tips on a number of topics including leadership, innovation, delegation, customer service, identifying a brand message and driving it hard to set a business apart within their respective industry, and most importantly the art of failing and having the strength and courage to rise back up again. I would highly recommend Pauline as a keynote speaker for any event where you are looking to engage the audience and inspire passion and energy whilst providing them with practical takeouts they can apply to their own business and life

- Georgia Nides, NSW Crusader, League of Extraordinary Women and founder of Zoii Pty Ltd

“ Rarely have I observed in an individual such a pragmatic business sense balanced by integrity, honesty and respect. In my estimation, Pauline typifies the archetype of the independent business-woman driven by a clear sense of purpose. Fueled by this mission, she’s helped shape a business and profile that is at the very top of its niche. While, at the same time, creating and nurturing a workplace environment where employees act like owners. Her message is always one of profound insight and revelation
Alexi Neocleous, Marketing Bump
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“ Pauline is one of the most beautiful, humble, kind hearted but at the same time gritty and truly authentic people I have ever met. When I have heard her speak it has rocked me to the core. I love her approach to life and business and I love that she’s not afraid to stand up for what she believes in, fight the good fight and make some serious positive changes in this world

- Lisa Messenger, Founder and Editor in Chief, Renegade Collective

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[VIDEO OF SPEAKER](#) 