

Tania Zaetta

TV Host, Health & Well-being Expert & Keynote Speaker

Tania Zaetta is an internationally successful actress, a Bollywood star and a media personality who has forged one of the most diverse and successful careers in Australian entertainment with endless energy, enthusiasm and professionalism.

Often referred to as an 'Aussie Action Girl' she has repeatedly been voted one of the 'Sexiest Woman on TV' and FHM worldwide voted her as one of the 'Best 5 Butts in the World', alongside Elle McPherson, Cameron Diaz, Kylie Minogue and Liz Hurley.



In demand as a keynote speaker, Tania speaks on diverse topics ranging from breaking into Bollywood through to motivation and health and well-being.

More about Tania Zaetta:

Tania's career kicked off in Australia and then internationally, as the 'Daredevil' host, with Mike Whitney, on the Seven Network's prime time hit adventure series Who Dares Wins.

The show aired in over 80 countries, where hundreds of millions of viewers watched her face her biggest fears to compete in a series of life threatening dares and stunts. New versions of the original hit action show, Who Dares Wins India Specials and Extreme Dhamaka were filmed in India with Tania and Mike, where the show attracted more than 50 million viewers each week.

A career highlight for Tania was landing the role of Kendra (the tri-athlete and one of six leading roles) in the world's most watched TV series Baywatch.

Relocating to India, Tania broke into Bollywood, quickly achieving leading roles in four consecutive hit films, which earned her the title 'the first foreigner to conquer Bollywood'.

For her role in the hit film Salaam Namaste she was presented with an Indian award for 'Best Debut Performance'. With viewers reaching over two billion worldwide; this blockbuster film became the most popular and highest grossing Bollywood Film ever shown in Australia and is still aired continuously on SBS.

Impressed with Tania's achievements Granada Sky Broadcasting UK filmed a documentary highlighting the success of her career around the world titled Tania Zaetta Exposed.

SKY1 UK then relocated Tania back to the UK to host her own prime time action show Mission Implausible, where she performed stunts and challenges, competing against English Race car driver Jason Plato. The show been repeatedly aired in the UK on SKY2 and throughout Europe, Asia and the Middle East on the Discovery Chanel.

Tania appeared in season three of Australia's Dancing with the Stars, and in 2012 the second season of Celebrity Apprentice, alongside her former Baywatch Star David Hasselhoff.

In 2012 she was also chosen to host/interview Kim Kardashian in her only public appearances before thousands of screaming fans chatting about health, beauty and fitness, and in 2013, Tania was asked back to host and interview 'live' on stage' The Graduate's star and fashion icon, Jerry Hall.

In addition to this impressive body of work in film and television Tania has also been host, co-host and regular guest host on many shows around the world including: The Blue Planet (Ch 10), Summer X Games (ESPN San Francisco), The Great Outdoor Games (ESPN), Live and Kicking (Ch. 7 Aust), Beauty and the Beast (Ch. 10 Aust), Loose Women Talk Show (ITV London), and Brainiac (Sky 1).

Now based back in Australia, Tania is a regular celebrity guest on Ch.7's Sunrise Show discussing topical news and current affairs events on Kochies Angels, as well appearances on various other Australian TV shows. She is also a freelance writer and breakfast radio host fill in. Tania has also hosted her own Tania Zaetta Body, Health, Beauty Day Retreats at Victoria's leading Wellbeing Thermal Mineral Springs.

Tania's popular website (www.tania.com.au) provides the perfect platform for her to share her passions and favourite products from health to beauty, wealth to wisdom, and wellbeing to fitness.

Tania Zaetta speaks about:

- Conquering India & Bollywood,
- Motivation,
- Success as a Woman in Business etc.

A fully qualified natural beauty therapist specialising in health and nutrition, and a certified pilates and Barre pilates instructor, Tania also speaks on health, beauty, fitness, wellness.

She is a lifestyle mentor, a brand ambassador and celebrity expert for tv, radio and magazine segments including blogging.

Client Testimonials



We use Tania for MC & Hosting roles regularly at 21st Century Events and she always delivers a professional and engaging result. Our audience feedback is continually positive and we're guaranteed a successful event with Tania on stage.

21st Century Education



WOW – Tania was an amazing MC and Celebrity Guest at our Bollywood themed event. Her beauty and stage presence mesmerised the room and her friendly persona won over the audience even further. A true professional, we highly recommend her.

Coca-Cola Amatil



Tania Zaetta is always gracious regarding every request made of her as an MC and Speaker. She handles with ease any and every last minute stage announcement thrown her way and her warmth and adlibbing skills always make everyone feel welcome.

Australian Skin Clinics

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