

Mike House

Leading survival instructor, experienced agent of organisational change

Mike House is one of Australia's leading survival instructors, an entertaining, informative and entertaining keynote speaker and a highly experienced facilitator.

Fundamental survival instincts, hard wired into us as human beings, have a profound impact on our success in business, relationships, and change environments. Using insights from the natural environment, survival experience and psychology (both ancient and modern) and current leadership models and theories, Mike will introduce you to readily applicable knowledge and tools to transform your results, decrease your stress and bring a greater sense of wonder and joy into your business or personal life.

He has spent 20 years working with groups as diverse as youth at risk, multinational corporations and television documentary crews on what has been described as the "world's most arduous survival exercise outside the military" (National Geographic America 1999).

Mike has survived several life-threatening survival situations on the ocean, in tropical jungles, in raging white-water and extended sea kayak journeys.

As a birthday present to himself, Mike undertook a 12-day solo survival walk in one of Australia's most hostile environments, taking 2 litres of water, a pocket-sized survival kit and the clothes on his back. Mike put his survival skills to the test sourcing all his food and water off the land - and loved the experience!

By observing and leading people in complex situations of extreme deprivation and duress, Mike has developed keen insight for how humans either panic and suffer or adapt and thrive.

Mike House sees the same behaviours in ordinary workplaces and shows people how to view their work, daily tasks, relationships and opportunities through new eyes. Mike shares insights from extreme survival situations, linking them to common issues for leaders.



Mike House talks about:

- Dealing with Stress
- Personal and Team Resilience
- Performing Under Pressure

Client Testimonials



'Brilliant'...'fantastic' were words used by a couple of people. Slightly more detailed but slightly less articulate was the comment "he spoke for a whole day and didn't use corporate wank word"! I've overheard several discussions today across the team reflecting on the day. Your no-nonsense style really connected with our group. The tools you presented are very useful and I'm confident most people will use them. We really enjoyed it – thanks and I look forward to working with you again.

Woodside



Mike's entertaining and thought-provoking sessions provided us with tools to build stronger and more productive working relationships.

Valued Independent People



Mike has a skillful, relaxed way of assisting individuals and groups to find ways through difficult and complex situations, by keeping the focus on their mission and their strengths.

Youniverse



Thank you so much – what a journey! The team left so invigorated and, as I had hoped, I have taken an army of enthusiasm back with me.

Uniting Care West



I have participated in numerous Desert Survival training exercises with Mike House including "The Long Walk" – a 200km exercise over 10 days in the Pilbara. I can only describe my confidence and admiration as unalloyed. He has lead me on abseiling and caving trips with the kind of calm quiet authority Bear Grylls can only dream of.

Moore Industries Pacific



I'm very careful who I put in front of my clients. There are moments when it's crystal clear to me that Mike's contribution is what they need. His fun, deeply intelligent, profoundly insightful work leaves people feeling good and having grown. My clients still refer to what they learned from a single session with Mike a year or two ago.

The Growth Group

Client Testimonials



The whole team were totally engaged – especially with the emphasis on emotional intelligence around change. The activities were designed to suit and executed perfectly. My team are now refreshed, energised and feeling positive. Thanks again.

Challenger Institute of Technology

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