Justin Jones and James Castrission

Two Aussie Explorers pushing the boundaries of human endurance

On 26th January 2012, James Castrission and Justin Jones - Cas and Jonesy - made history for the second time by completing the longest unsupported polar expedition of all time. In 100 years of polar exploration no-one had ever walked from the edge of Antarctica to the South Pole and back without assistance. Many had tried, none had succeeded. After 89 gruelling days they made it back to the coast after having skied 2275 km with everything they needed to survive in the harshest environment on Earth.

Four years earlier, in 2008, Cas and Jonesy accomplished their first ‘world first’ by successfully ‘crossing the ditch’ in a kayak without assistance. Their epic journey of 3318 km across the Tasman Sea took a total of 62 days and at one point had them paddling in circles for a week. They became the first kayakers to cross the Tasman Sea as well as becoming the longest transoceanic double kayak expedition.

The boys’ incredible story is perfect to open or close a conference, motivate staff or provide an inspiring after-dinner speech. These two young, savvy adventurers have formed a presentation that is unforgettable. Their insights into leadership, teamwork, risk management and how to overcome adversity have captivated global audiences. Stunning footage and imagery convey messages that all of us can learn from, inspiring over 150,000 people around the world not to be afraid of pursuing their own adventures and dreams.

Earlier in their lives, James and Justin paddled the infamous Bass Strait and became the first to kayak the length of the Murray River, all 2560 km. They have run numerous ultra-marathons, attained their yachting crew qualifications and duelled with the open waters under sail. International climbing expeditions have been led in America (Mt McKinley, Alaska and The Nose, El Capitan), New Zealand (notable ascents: Mt Cook and Mt Aspiring) and Papua New Guinea.

As well as their amazing feats of physical endurance, James and Justin written and produced four award-winning books and documentaries about their expeditions.
James Castrission and Justin Jones talk about:

Two ground-breaking expeditions and two unforgettable presentations:

**Crossing the ditch:** World-first kayak expedition, 3318 km and 62 days, unsupported. Cas and Jonesy reached the sand at New Plymouth on NZ's North Island on January 13, 2008 - 62 days after they had set off from Forster on the mid-New South Wales coast. They were sun-burnt, bearded, underweight, physically and mentally wasted ... but most of all, happy to be alive.

**Crossing the ice:** The longest unsupported polar expedition of all time - a world-first South Pole return expedition, 2275 km and 89 days, unsupported. After 89 gruelling days Cas and Jonesy made it back to the coast after having skied 2275 km with everything they needed to survive in the harshest environment on Earth.

Their presentations cover the themes of:

- Planning
- Risk management
- Goal setting
- Teamwork
- Overcoming adversity
- Motivation

Judging by the incredible exploits of these two young men so far, there will more history-making achievements to come and many more audiences wanting to be inspired to live a life less ordinary.
Client Testimonials

“Their ability to describe their incredible adventure in a light-hearted and entertaining way was also balanced with clear messages of the importance of planning, teamwork and persistence, giving our clients and lawyers a lot to talk about after the presentation.

Minter Ellison Lawyers

“Funny, inspirational, motivational – an hour with Justin and James makes the spirit soar. They spent 62 days in a leaky boat and proved that with dedication, determination and two very brave hearts, it is possible to achieve the impossible dream, to stare down your greatest fears, to do the undoable and enjoy the pure rewards of achievement and triumph.

Sandra Lee, Sunday Telegraph and Sunday Magazine

“What an inspirational story. Justin and James seem like ordinary young men, until you hear their story and the journey they accomplished that you realise just how extraordinary they really are. The sheer passion they displayed is uplifting and inspirational.

CommInsure

“Crossing The Ditch gave me the experience of hearing firsthand what can be achieved through preparation, commitment, perseverance and a tough attitude. It also showed what special Australian Adventurers James and Justin really are. A truly great story which gets me excited as I feel this may only be the start for these Great Aussie Adventurers.

Ricky Stuart, Australian Rugby League and Cronulla Sharks Head Coach

“Justin and James gave us a timely reminder about digging in when times are tough and never giving up. By no means what we do goes even close to what James and Justin have done but there are some general themes that we can take on board from their unbelievable journey. They are great guys with an inspirational story and they will always be welcome at the Waratahs.

Phil Waugh, NSW Waratahs and Australian Wallabies
Client Testimonials

“They spoke of their adventure with a great balance of facts, emotion and humour, and most importantly, they linked in very well with our conference themes of planning and team-work.”

*Foster’s Group*

“Cas & Jonesy’s presentation was very well received by our delegates. They just love them. Theirs is such an incredible story of courage & friendship and I’m sure our delegates took a lot away from it. They arrived early and signed books & then after their presentation they stayed to personalise the books and take photos. I would thoroughly recommend them”

*Heritage Bank*