

James Castrission

Explorer, Author, Speaker & Adventure Facilitator

James Castrission is a record breaking Australian explorer, best known for completing the longest unsupported polar expedition of all time with his mate Justin Jones, from the edge of Antarctica to the South Pole and back without assistance.

James holds two Guinness World Records for his accomplishments and has written two bestselling books: *Crossing the Ditch* and *Extreme South*. For five years he worked as a management consultant at Deloitte.

A highly motivated keynote speaker and workshop facilitator, over the past decade James has delivered keynotes and run workshops to over 420,000 people at 500+ corporate events in 23 countries. He combines compelling delivery with jaw-dropping video clips and stunning photography to provide a sensory experience that will engage every audience member.



More about James Castrission:

On the 26th January 2012, alongside his best mate (Jonesy), James Castrission made history by completing the longest unsupported polar expedition of all time: the first return journey from the coast of Antarctica to the south pole and back without assistance.

In 2008 the duo became the first kayakers to cross the Tasman Sea (3318km over 62 days, 2007/08). They also paddled the entire length of Australia's longest river (2560km 49 days, 2001/02); a Bass Strait crossing in a double kayak (350km 9 days, 2006); five mountaineering seasons in New Zealand from 2002- 2009 (summits include: Mt Cook, Mt Aspiring, Malte Brun); a three day ascent of The Nose (El Capitan) at Yosemite National Park USA in 2004; an attempt to climb Mt McKinley (the highest mountain North America) in 2009 and Mt Kilimanjaro summit in 2010.

Since then, James has led mountaineering expeditions to some of the most challenging peaks around the world, run numerous ultramarathons and sailed to remote destinations across the globe.

In 2013, he founded MyAdventure Group - a business committed to providing Australia's premier corporate Adventure-based development programs. Harnessing lessons learnt from the most hostile environments on earth, his corporate programs are designed to develop teams and drive competitive advantage in organisations.

James has shared his story with over 320,000 people including many of Australia's ASX200 companies, business leaders and professional sporting teams. His presentation is the perfect complement to open or close a conference, motivate staff or provide an inspirational after dinner speech. stunning footage and imagery have been craftily moulded to convey key messages that all can learn from.

Flexible and responsive, James is highly motivated to work with you to create the perfect keynote for your next function or conference.

James speaks about:

A growth mindset is not just important for senior management: Five ingredients to growth, relating James' own story as one of Australia's 50 greatest explorers of all time, and introducing case studies from people like Lebron James & Microsoft's CEO Satya Nadella.

Collaborating to win: James shares critical steps in creating a tribe that is aligned and working together, that supports each other, and that doesn't put personal ambition and success over that of the organisation. This is the perfect session on how to develop a "culture" that is geared towards collaboration, and ultimately: success.

Crossing the Ditch & Crossing the Ice: Two highly motivating, story-based presentations that are perfect for motivating and inspiring an audience to open or close a conference or as an after dinner presentation. James takes you on an audio- visual journey through two of the greatest feats of adventuring in history.

Workshop facilitation:

James' workshops and simulations can last anywhere from 90 minutes to two days and are designed to deliver sessions that activate organisations and accelerate leadership behaviours.

Competing to Win: In this engaging workshop, delegates learn steps to create an aligned tribe that is working together, that supports each other and that doesn't put personal ambition and success over that of the organisation. This is the perfect session on how to develop a "culture" that is geared towards collaboration, and ultimately: success.

Explorers' Growth Mindset: Five ingredients to growth, relating James' own story as one of Australia's 50 greatest explorers of all time, and introducing case studies from people like Lebron James & Microsoft's CEO Satya Nadella. James finishes by forming individual commitments for each of your employees so they can carry forward a growth mindset - meaning you'll be set on a path for growth into the future.

Six step journey from inspiration to execution: Your business can apply the six critical steps that ensured James not only survived, but achieved two Guinness World Record adventures to achieving any BHAG (Big Hairy Audacious Goal). It's a model that will help your team build clarity and alignment to organisational achieving the impossible.

MyAdventure Program:

As the founder of MyAdventure Group, James Castrission harnesses lessons learnt from the most hostile environments on earth, to deliver corporate programs over one or multiple days, that are designed to develop staff performance and drive competitive advantage further, faster.

An indoor Antarctic survival exercise: You're team is attempting to be the first people to walk unsupported from Mawson Hut to the South Pole and having been hit by an Antarctic blizzard must come up with a strategy for survival.

An adventure race: A team-based corporate race featuring engaging obstacles like rock climbing and abseiling, while also testing your ability to work together through group puzzles.

Growth mindset high ropes course: A workshop covering Growth Mindset followed by a high ropes course in which the morning's theories are implemented into an unfamiliar and uncertain environment.

Client Testimonials



I was on the edge of my seat for the entire presentation. One minute in tears of laughter, the next minute in tears of despair.

Travelscene, American Express



James recently facilitated a brilliant full day session for our ASEAN leaders in Singapore. The strategy and guiding principles session, “4 energies” workshop and Peak Teams simulation were exactly what we needed to align our team

Oricle



As GM, I have organised many national conferences over the last 8 years... this was hands down the best conference we've ever had.

True Alliance



I've worked in the Events Industry for over 10 years and can honestly say this is one of the most unique and rewarding programs I have worked on. I would highly recommend My Adventure Group for anyone looking for something outside the norm! Congratulations and thank you to James and his team for all their hard work!

Suncorp Bank



The peak teams program was a great way to reinforce our team's commitment to short and long term goals and ultimately the success of the company.

Beiersdorf Australia

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