

Glenn Manton

Former Professional AFL Player, Author, Media Personality & Speaker

Glenn Manton is a former professional AFL player, an author and a media personality. He is also a youth advocate, a mentor and an inspiring professional speaker.

Raw and absolutely authentic, Glenn delivers keynote presentations, hosts events and facilitates workshops that provoke appreciation and change.

He uniquely tailors every presentation to connect with his audience, encourage interaction, inspire story sharing and direct positive outcomes/learnings.

More about Glenn Manton:

Glenn Manton has lived a life of extremes that few can parallel. When he was 17, he cut his arm in half. During an impressive playing career, he played over 200 games of AFL football for powerhouse teams Essendon and Carlton and was a member of the 1995 Carlton Premiership side.

Along with his AFL career, Glenn has represented Australia on the World Cup circuit in bobsledding.

In 1999 Glenn co-founded Whitelion, a not for profit organisation that assists youth in crisis within the juvenile justice system and beyond. He has also consulted to Government agencies about youth and youth justice.

Glenn's media credits include stints on The Footy Show, Vega 91.5, 3RRR and various Foxtel programs, his own shows at the Melbourne Comedy Festival and Fringe Festival, as well as regular columns for The Age and MX newspapers. He has interviewed former professional basketball player Denis Rodman and has dined with Ronnie Biggs, one of the men who planned and carried out the Great Train Robbery of 1963. Glenn has authored books including Put your damn phone down, Dead Bolt, and Mongrel punts & hardball gets.

Glenn Manton delivers workshops and speaks about:



Raw and absolutely authentic, Glenn speaks to students in need of provocation, corporates seeking conversation and teams searching for connection. By creatively weaving humour, theatre, provocative questioning and thoughtful storytelling, he connects with his audiences, challenges their thinking and provokes change.

Schools - Glenn engages with students and staff in school based settings with workshops that educate and entertain students, ensuring personal development days and/or retreats are successful.

Corporates - Glenn hosts corporate events and facilitates workshops for corporate clients to ensure their event, retreat or personal development day is on point.

Keynotes - Audiences sit transfixed when Glenn engages, entertains and educates around subjects such as mentoring, youth, relationships, communication, and social-responsibility.

Client Testimonials



Glenn has been an invaluable resource to the school over the last five years in his capacity to deliver raw, real and compelling pastoral care programs.

Trinity Grammar School, Kew



Glenn uses his experiences in sport and life to provide an environment which allows both the individual and group to go on a journey together. His sense of humour and playful personality immediately have the room relaxed and participating in a way that benefits you both individually and as a group or a team. Glenn's custom workshop not only addressed our team's needs but set us in the right course for the upcoming season.

Dandenong Ranger WNBL

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