

## Georgia Barnes

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### *Home Cook, Nutritionist, Food Stylist & Host*

Georgia Barnes is committed to inspiring everyday people to cook from scratch and appreciate the beauty in real, fresh food.

A former MasterChef Australia contestant, Georgia's warm and bubbly personality have ensured she is a household favourite and as such, a popular host for corporate and community events.

#### **More about Georgia Barnes:**

Georgia Barnes grew up with her grandmother as her role model in the kitchen. From an early age she spent hours at the kitchen bench, two phone books underfoot, creating her own masterpieces or helping out at any opportunity. Born and bred in the bayside suburbs of Brisbane, Georgia also spent quality time with her family fishing, gardening and learning about the holistic origin of food. This childhood fascination inspired her to complete a Bachelor of Health Science in Nutrition, which led to a career in the health and wellness industry, both as a nutritionist and as a sales and marketing professional. It was here that she began writing recipes and conducting workshops to support her client's needs.

Since her television debut, Georgia has gained a wealth of experience and is fortunate to wear many hats. She has been a contributor for Taste.com.au since late 2015, writing recipes for both the magazine and website.

Passionate about instilling kitchen-confidence and imparting her knowledge, Georgia runs monthly workshops at The Kitchens at Robina on the Gold Coast and regularly hosts interactive cooking classes and demonstrations, teaching people of all ages simple methods for creating contemporary dishes. Her presenting style emphasises the importance of sourcing quality ingredients and of course, how to make the dish look as good as it tastes with plating and presentation techniques.

In 2018, Georgia expanded her skillset to incorporate food styling. Learning from some of Australia's leading stylists, this was an organic progression to her creative pursuits in recipe development and food photography. Georgia loves connecting with producers, artisans and restaurateurs to produce captivating digital imagery.



Georgia has collaborated with a number of leading brands and organisations including IKEA, Cadbury, Coles, NAB, Westfield, Angostura House of Bitters, Queen Vanilla and Endeavour College of Natural Health. She has travelled the country presenting onstage at some of Australia's most reputable foodie events and television viewers may have spotted her cooking on The Morning Show, Studio 10, Ben's Menu, Toasted TV or as a guest co-host on Couch Time.

Georgia has been an ambassador for Australia Day Queensland since 2016.

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